



Keep Up!

Volume 1

Issue 3

“ The important thing about having goals is having one.”

- Geoffrey F. Abert

“ Always be a little kinder than necessary.”

- James M. Barry

“ Be like a duck. Calm on the surface, but always paddling like the dickens underneath.”

- Michael Caine

“ If you lose the power to laugh, you lose the power to think.”

- Clarence Darrow

“ Results! Why, man, I have gotten a lot of results. I know several thousand things that won't work.”

- Thomas A. Edison

“ The hardest of all is learning to be a well of affection, and not a fountain, to show them that we love them, not when we feel like it, but when they do.”

- Nan Fairbrother

“ Don't be afraid to take a big step. You can't cross a chasm in two small steps. “

- David Lloyd George

“ When I hear somebody sigh, “Life is hard,” I am always tempted to ask, “Compared to what?””

- Sydney J. Harris

“ You can have brilliant ideas, but if you can't get them across, your ideas won't get you anywhere.”

- Lee Iacocca

“ Take time to deliberate; but when the time for action arrives, stop thinking and go in.”

- Andrew Jackson

“ Yesterday's the past, tomorrow's the future, but today is a gift. That's why it's called the present.”

- Bil Keane

“If you were going to die soon and had only one phone call to make, who would you call and what would you say? And why are you waiting?”

- Stephen Levine

“ Don't be afraid of opposition. Remember, a kite rises against; not with; the wind. “

- Hamilton Mabie

“ Of those who say nothing, few are silent.”

- Thomas Neill